



ELC Meal Calendar

May

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|---|---|---|--|
| 3 Breakfast | 4 Chex Peaches | 5 Waffle Applesauce | 6 Egg and Cheese Bar Kiwi | 7 Breakfast Pizza Oranges | 8 Lucky Charms Apple Juice | 9 | |
| Lunch | Chicken Patty Corn Applesauce | Walking Taco Black Beans Kiwi | Popcorn Chicken Waffle Sliced Peppers Oranges | Pepperoni Pizza Broccoli Pear | Sunbutter Sandwich Celery Blueberries | | |
| Snack | Mixed Fruit & Muffin | Apple Sauce & Cheez It | Ants on a Log | Cheese Stick & Cherry Tomatoes | Banana & Chex Mix | | |
| 10 Breakfast | 11 Trix Craisins | 12 Pancake Peaches | 13 Breakfast Burrito Pineapple | 14 Breakfast Pizza Mixed Fruit | 15 Cinnamon Toast Crunch Peaches | 16 | |
| Lunch | Pulled Pork Baked Beans Peaches | Chicken Crisptos Shredded Lettuce Pineapple | Fish Sticks Biscuit Baby Carrots Mixed Fruit | Mac and Cheese Celery Applesauce | Cheese Pizza Romaine Sidekicks | | |
| Snack | Apple Slices & Cheese Stick | Yogurt & Animal Crackers | Sunbutter Sandwich Juice | Cucumber & Turkey | Oatmeal Bar & Applesauce | | |
| 17 Breakfast | 18 Cherries Pears | 19 French Toast Mandarin Oranges | 20 Breakfast Bar Watermelon | 21 Breakfast Pizza Assorted Fruits | 22 Kix Mandarin Orange | 23 | |
| Lunch | Hot Dogs Sweet Potato Fries Mandarin Oranges | Quesadilla Refried Beans Watermelon | Kitchen Choice (WIP) | Turkey Sandwich Cucumbers Mandarin Orange | Cheesy Breadstick Broccoli Apple Slices | | |
| Snack | Peppers and Provolone | Turkey & Cheez It | Peaches & Cottage Cheese | Apple Slice & Sunbutter | Yogurt & Blueberries | | |
| Breakfast: Entrée, Fruit, and Milk | | Menu is subject to change | | | | Ryan Geerts Food Service Manager 319-396-7792 ext. 316 ryan.geerts@crxcs.org | |
| Lunch: Entrée, Fruit, Vegetable and Milk | | All Grains are whole wheat or whole grain. | | | | | |
| Snack: 2 of the following Milk, Protein, Vegetable, Fruit, and Grain | | "This institution is an equal opportunity provider" Substitutes will be available for dietary restrictions. | | | | | |